



WRITTEN DIRECTIVE	No. ADDENDUM	Page: 1 of 3
Subject: SWORN APPLICANT PHYSICAL SKILLS EXAMINATION	Effective Date:	5-21-15
	Supercedes/ Amends:	
	Reference:	PD 2015



Applicant _____ Date _____

The physical agility of a police officer candidate is an important aspect of the pre-employment testing process. This phase of the applicant process relates the suitability of employment of the candidate based upon his/her ability to perform various essential skills of the position.

(TASK I) AUTOMOBILE PUSH: Police officers encounter disabled vehicles blocking traffic or stopped in a dangerous position. Traffic flow can be restored by pushing the vehicle off the roadway to a safer place. The candidate must be able to push the standard size police cruiser twenty five (25) feet on a level concrete or asphalt surface. This must be accomplished with the vehicle in constant motion from initiation of movement until the required length of push is accomplished.

PASS FAIL Initials _____

(TASK II) LOAD WEAPON MAGAZINE: Officers are required to be able to load the department issued firearm (Glock model 22). This particular activity requires coordination and dexterity on the part of the individual, and requires the person to use hand and finger muscles.

- load a Glock 22 magazine with fifteen (15) rounds
- rack slide and dry fire weapon 20 times each hand

This activity corresponds with the requirements of the mandatory firearms training course and job task analysis.

PASS FAIL Initials _____

(TASK III) FENCE/RAILING SURMOUNT: There are occasions when an officer, in the performance of duty, is required to pursue a person on foot. When this is done, the officer often is required to run through residential areas of the city which requires that the officer jump various obstacles, including fences or railings to apprehend the suspect. The candidate must be able to jump/vault a 48 inch fence/railing while running.

PASS FAIL Initials _____

(TASK IV) VEHICLE OPERATION: The safe and efficient operation of the police patrol vehicle is of paramount concern to the Lynchburg Police Department. Officers are required to operate the vehicle under various conditions and must be able to quickly enter and exit the

vehicle. The candidate must demonstrate his/her ability to do so by successfully negotiating a short driving course which includes entering the vehicle, driving forward, backing into a perpendicular parking space, pulling from the space, stopping and exiting the vehicle.

PASS FAIL Initials _____

(TASK V) OBSTACLE COURSE: Police officers are required to rapidly exit their vehicle, chase after suspects on foot, ascend and descend stairways in order to apprehend suspects. They are also expected to pull injured individuals out of danger. Candidates must demonstrate the ability to quickly exit their vehicle, run 50 yards, where they will ascend two flights of stairs, locate a 165 lb dummy and pull the dummy a distance of 15 feet. There is no time limit, however, this must be accomplished in a continuous motion.

PASS FAIL Initials _____

REFERENCE FACTS FOR TASKS REQUIRED IN PHYSICAL SKILLS EXAMINATION

(TASK I) AUTOMOBILE PUSH

Body Involvement:

General body, leg muscles, back, arm, shoulder muscles are needed to perform this police task.

Job Related Activities:

1. Pushing a stalled vehicle out of roadway
2. Clearing traffic pattern at scene of accident
3. Moving a vehicle at accident to reach and care for injured.

Principal Strength and Agility Demands:

1. Coordination
2. Strength

(TASK II) LOAD MAGAZINE

Body Involvement:

Arm, finger muscles, wrist strength

Job Related Activity:

1. Firearms Qualification

Principal Strength and Agility Demands:

1. Finger Strength
2. Grip
3. Strength
4. Coordination and Manual Dexterity

(TASK III) FENCE/RAILING SURMOUNT

Body Involvement

Leg muscles, general body, back, lower abdomen, shoulder, arm muscles

Job Related Activities:

1. Running to Emergency

2. Forcibly making an entry
3. Running or pursuing a suspect

Principal Strength and Agility Demands:

1. Strength
2. Coordination
3. Agility

(TASK IV) VEHICLE OPERATION

Body Involvement
arms, neck, legs, back

Job related Activity:

1. Operate the Police Patrol Vehicle
2. Operate police radio while operating vehicle

Principal Strength and Agility Demands:

1. Agility
2. Coordination

(TASK V) OBSTACLE COURSE

Body Involvement
Leg, back, arm, and shoulder muscles

Job Related Activity:

1. Answering calls for service other than ground floor locations
2. Conducting searches
3. Locating/pursuing suspects

Principal Strength and Agility Demands:

1. Agility
2. Coordination
3. Strength (leg)

TEST ADMINISTERED BY: _____ DATE: _____

(REVISED 3/08)